

QP Code: 110009

Reg. No.:

**First B.Sc. Nursing (Ayurveda) Degree Regular/Supplementary
Examinations March 2023**

Panchakarma

Time: 3 Hours

Max Marks: 100

- Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together • Leave sufficient space between answers
- Draw diagrams wherever necessary

Essay

(2x10=20)

1. Explain the important of poorvakarma's and paschat karmas (पूर्व एवं पश्चात कर्म) during panchakarma treatments
2. Explain virechana karma (विरेचन कर्म) in detail

Short Notes

(10x5=50)

3. Explain nasya kala (नस्य काल)
4. Mention on vasthiyantra (वस्ति यंत्र)
5. Describe the samyak and asamyak lakshana of nasyam (नस्य संयक एवं असम्यक लक्षण)
6. What are virechanottara upacharas (विरेचनोत्तर उपचार)
7. Explain post measures of vamana karmas (वमन कर्म)
8. Mention about peyadi ahara karmas (पेयादि आहार कर्म).
9. Differentiate sneha vasthi and matra vasthi (स्नेह एवं मात्र वस्ति).
10. Explain Asthapana basti.
11. Explain sirobasthi vidhi (शिरोवस्ति विधि)
12. What are the benefits of nasyam (नस्यं)

Answer Briefly

(10x3=30)

13. What are Atiswedana lakshanas.
14. Preparation of nirooha vasthi dravya (निरूह वस्ति द्रव्य)
15. Mention the indications of vamana karma (वमन कर्म)
16. Types of nasyam (नस्य)
17. Properties of Chatur sneha.
18. Who are svedya arhas (स्वेद्य अर्ह)
19. List the contraindications of virechana (विरेचन)
20. Matra vasthi (मात्रावस्ति)
21. Dhoomana nasyam (धूमन नस्य)
22. Vamana pradhana karma.
